

YACTT MISSION

To support consumers with serious mental illness and cognitive or developmental disabilities who face the most significant challenges to recovery to live as independently as possible. Inclusive ongoing support will be provided while respecting individuality and the personal goals of the consumer.



YACTT is mobile and delivers services in community locations rather than expecting the client to come to the program location. Seventy-five percent or more of the services are provided outside of program offices in locations that are comfortable and convenient for clients.

YACTT

YOUNG ADULT COMMUNITY TREATMENT TEAM

YACTT Staff include:

Neuropsychiatrist

Registered Nurse

Therapist

Team Coordinator

Certified Peer Specialist



YACTT
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Telephone: 724-437-1151

Young Adult Community Treatment Team

The Young Adult Community Treatment Team (YACTT) is a self-contained mental health program made up of a multidisciplinary mental health staff who work as a team to provide the treatment, rehabilitation, and support services consumers need to achieve their goals. It is designed to assist young adults with serious and persistent mental illness and cognitive or developmental disability or co-occurring substance abuse. Person-Centered Treatment Planning will be targeted for those individuals who have not achieved or maintained health and stability in the community and for whom without this service would be at high risk of psychiatric hospitalization, psychiatric emergencies, incarceration, homelessness, and/or supervised community living. Services will be individually tailored to assist in accomplishing as independent a lifestyle as possible with the focus on education/vocation, independent living, developing meaningful relationship, and achieving individual goals. The team will support these individuals in recovery as long as necessary to meet their goals.

Who is eligible for the YACTT program?

Fayette County Health Choices members, 18-30 years of age, with serious and persistent mental illness and cognitive or developmental disability or substance abuse problems. Services will focus on individuals who have not been successful in more traditional mental health services or are unable to participate in more traditional services. This also includes members who have high use of psychiatric hospitalization or psychiatric crisis services, engaging in high risk behaviors, co-existing MH/MR issues, co-occurring substance abuse, homelessness or at risk for homelessness, or residing in supervised community residence but able to live more independently if intensive services are available.



Program Goals and Objectives may include:

- To live as independently as possible in the least restrictive setting possible
- To receive education/training in an attainable and capable field in preparation for employment
- To acquire and maintain employment in a field of interest
- To reduce the amount of time in psychiatric inpatient facilities and incarceration
- To reduce mental health crisis contacts and emergency room visits
- To develop social relationships and be involved in social activities
- To receive all recommended treatments in the need areas of medical, mental health, and substance abuse

